## 2016

Seminar

## "Arsis Conducting Seminar"



Arsis conducting seminar offers a holistic approach to orchestra conducting in a way that makes it interesting for beginners and students that wish to apply for an Institution of Higher Education and students in the early years of their studies as well as experienced performers and music teachers whose experience in conducting instrumental ensembles and choirs has been mainly practical. Based on a series of carefully selected examples from the orchestral and operatic repertoire, the seminar covers in terms of samples but in a systematic manner, all the gestural vocabulary of conducting, thus providing the participants with a map they can consult at any time.

The seminar connects individually natural movement with breath and awareness of the body. For this purpose it borrows elements from martial arts and methods such as Feldenkrais.

We will also deal with matters such as reading and preparation of the score, decoding and memorising of a musical work, correct attitude towards other musicians and the general way of thinking towards interpretation.

The approach of interpretation owes vastly to the teachings of George Hadjinikos and wishes to remain faithful to the spirit of this great Teacher.



## **Details:**

- Arrival Date: Monday, Aug. 22.

A meeting with Anastasios Strikos will be held at 6:00pm.

- Date of Departure: Monday, Aug. 29.

- Morning lessons will take place 10:00am – 2:00pm and evening lessons 6:00pm – 9.00pm.

- Active participants will have group and individual lessons and rehearsing sessions with orchestra ensemble.

Tuition fee for performers is 150€ and for auditors 50€



## Travel / Accommodation / Meals:

Participants are responsible for their travel, accommodation and meal expenses.

For participants travelling to Greece from abroad, you have the option of flying in to Athens (Eleftherios Venizelos), Thessaloniki (Macedonia International) or Volos (Nea Anchialos). Then, you may take the train (OSE) or coach (KTEL) to Volos. From Volos you will have to take the coach (KTEL) to Milina or Trikeri, both of which stop at Horto. For your accommodation you have the option of renting individual rooms or hotel rooms, which are near the venue of the workshop (everything in Horto is within walking distance)., If you wish, you may share a 2, 3 or 4 bed room with other participants of the workshop. There is a low rent price for all the participants after coming in contact with the coordinator of the workshop. There are 2 mini-markets in Horto where you can purchase your daily goods. Most rooms for rent also have a kitchenette. There are also restaurants along the beach.



Anastasios Strikos was born in 1972 in Athens. He studied piano with D. Mallouchos at Attikon Conservatory (diploma with distinction) and Theater Studies at the University of Athens. He studied orchestral conducting at first privately with Miltos Logiadis and after receiving a scholarship from the Athens Academy at the University of Music in Würzburg with Prof. Dr. Hermann Dechant (Orchestra Conducting) and Prof. Peter Falk (Opera). After graduation he went on to achieve the postgraduate title Konzertdiplom. In addition to his studies, he participated in international seminars on orchestral conducting and received private tuition from Carlo Maria Giulini in Milan. He worked as vocal coach and conductor at



Mainfranken Theatre of Würzburg and later he worked as a Kapellmeister with the Vienna Boys' Choir. His busy concert schedule as a pianist and conductor encompasses a wide range of orchestras, soloists, theatres and repertoire in many European countries. He has also appeared in all major venues of China, Korea and Macao. He has taken more than seventy performing groups on tour throughout Europe, among them some of the most important Youth Symphony Orchestras of america. In 2005 he founded the Ensemble Retro Wien. He teaches and rehearses in seven languages and engaged in the translation of plays and books on music theory into Greek. He is currently working on his dissertation on the Greek avant-garde composer Anestis Logothetis. www.strikos.at

